

## **Audience Evaluation Summary**

Warm Up The Workplace

January 10, 2003

Speaker: Frank Pastizzo

### **Sponsored by:**

Allegheny/Western Steuben Rural Health Network & Steuben Rural Health Network

### **Organizations attending:**

Allegheny Arc

Allegheny/Western Steuben Rural Health Network

Bath VA

Corning Community College

Crandall Health Center

Healthy Families Steuben

Jones Memorial Hospital

Kinship

ProAction of Steuben & Yates

R-AHEC

St. James Mercy Health

St. Joseph Hospital

Steuben County OFA

Steuben County Public Health & Nursing Service

Steuben County RSVP

Steuben Rural Health Network

Wellsville Manor

**Overall, how would you rate this program:**

108 Excellent

9 Good

0 Average

0 Poor

**How useful was the overall context of the program to your work/everyday life?**

-Very entertaining - more eager to put more of myself into the things I do

-Very useful - we all need to look at things from another perspective

-Reinforces importance of "connecting" with others

-Extremely useful with application to every situation in my life

-Made me more mindful of the people I care for

-It opened my eyes as to how I should listen with an active mind

-Extremely useful - it helps me realize you can see good in every situation and/or make the best of a bad one

-Very good points to keep in mind when home-visiting with families

-This workshop was truly inspirational

-I think this workshop may really effect how I am at work and at home.

**What was the most helpful or useful aspect of the program?**

-Great to laugh and relax, wonderfully refreshing. Haven't laughed so much in a long time

-Leaving with a positive outlook

-C.H.E.R.I.S.H.

-Work doesn't have to be the negative experience or different from personal life.

-Music, I have never seen a trainer/speaker do that

-I enjoyed the variety of music, laughter and serious comments. Nicely done.

-Fun should be part of work (I hope my boss heard it too)

-Different ideas on how to face difficult situations

- I feel humanized again - it's been a while
- Interacting with people and not being a "robot" in the office

**How might this program have been more effective?**

- Our entire facility should hear it
- Can't even imagine a more affective and entertaining workshop
- Kleenex available to wipe the tears from laughing so hard
- Longer! Wish I could have brought everyone in the office

**Additional Comments:**

- Laughed & cried
- So much fun and in the end a reminder of how important each moment and each aspect of our life is
- Wonderful way to talk to a group, it made it feel we were part of the program
- I had no idea I would enjoy this so much. Thank you!
- Thoroughly enjoyed and want to implement his ideas in my life
- This was the best program I have been to in a long time.
- I only wish I could have my whole family hear you speak
- I could sit forever to listen, laugh, look inside